

**SAINT DOMINIC ATHLETIC ASSOCIATION**  
**HEAD AND ASSISTANT COACHES APPLICATION**

The intent of this application / questionnaire is to provide members of the Coaches Selection Committee, Association Board Members, and Officers a source of information for the selection of head and assistant coaches for volleyball, basketball, and track.

Please fill in the following information: If you wish to coach 2 sports please complete both team information sections.

For those of you wishing to coach 7<sup>th</sup> and 8<sup>th</sup> grade teams, please list what squad you would like to coach. 5<sup>th</sup> and 6<sup>th</sup> grade talent will be split equally.

**Note: Coaching assignments will be made based upon the needs of the Saint Dominic Athletic Association and may not reflect every applicant's wishes.**

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_ Date: \_\_\_\_\_

Team Information

Sport \_\_\_\_\_ Grade \_\_\_\_\_ Boys team \_\_\_\_\_

Girls team \_\_\_\_\_ "A" Squad \_\_\_\_\_ "B" Squad \_\_\_\_\_

Team Information

Sport \_\_\_\_\_ Grade \_\_\_\_\_ Boys team \_\_\_\_\_

Girls team \_\_\_\_\_ "A" Squad \_\_\_\_\_ "B" Squad \_\_\_\_\_

Please record your answers on the spaces provided. There are no right or wrong answers. If you need more space please use additional sheets of paper to record your comments. *Make sure you put your name on all extra pages.*

1. What coaching experience do you have? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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2. What experience do you have playing the game you wish to coach?

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3. What kinds of things will you do to motivate kids at practices and at games?

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4. What tools will you use to help coach this year? i.e: Training tapes, outside help, etc.

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5. How do you plan to improve the fundamental skills of the players? \_\_\_\_\_

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6. What is your ultimate goal for the team you wish to coach? \_\_\_\_\_

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7. How will you incorporate teaching good sportsmanship into your season?

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8. Are you willing to work with other coaches? \_\_\_\_\_

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9. If you were the head coach, what relationship would you want with the other coaches on your team? (*Co-coaches; or head coach and assistant coach relationship*)

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10. Can you as a coach and / or parent, adhere to the policies outlined in the St. Dominic Handbook and Bylaws, Archdiocese of Milwaukee Regulation 6145.2 and league rules for basketball, track, and volleyball? \_\_\_\_\_

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11. How do you feel about the 5<sup>th</sup> and 6<sup>th</sup> grade kids having equal playing time and the talent being split equally? \_\_\_\_\_

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12. What do you think about the “A & B” team concept for 7<sup>th</sup> and 8<sup>th</sup> grade.

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13. If you have coached before at St. Dominic what do you think the strengths and weaknesses are in the sport programs? What changes would you like to see made?

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14. How would you handle a child or children that were disrupting a practice?

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15. Are you willing to attend coach certification programs and coaching clinics as required? What do you think of them?

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16. Are you willing to prepare a practice plan for each practice? Tell us how you would set up a practice.

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17. If you are a new coach coming into our program at St. Dominic and you have coached elsewhere, what did you like and dislike about those other programs?

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**Make any additional comments on a separate sheet of paper. Remember to put your name on each page.**